



**CHD  
GROUP**  
nurturing a healthy world

# ANNUAL REPORT 2019 - 20





# ABOUT US

CHD Group was founded in 2014 by Dr. Edmond Fernandes, a Community Health Physician. He started the organization based on his calling to leave the world better than how he found it. The originating name was Center for Health and Development ( CHD) however, in the years since, it has come to be popularly known across the country and around the world as CHD Group. CHD Group started with one man's vision; today it has become sort of an infectious movement pulling together people from across ranks and files, those with heart in humanity and mind in development.

It is among the rare global institutions to have its Headquarters in a non-metro city based in Mangalore, Karnataka in India but serving humanity across countries.

The spirit that propels this work forward is the mission to create a world where the young and the young at heart will receive accessible and affordable healthcare in our lifetime. Sustainable Development Goals means nothing to the last mile person on the ground. That is where CHD Group shadows and delivers, decides and champions their cause, making it our own.

With new innovative models of service and strategic intelligence, CHD Group collaborates with visionary companies, Governments and civil society to realize the dream of a billion beats planet.



# STATEMENT FROM THE CEO

2019-20 has been a very challenging year with proliferating relations across the globe. However, your favourite organization has ensured progress and stability amidst the stormy waters that early 2020 brought. The novel coronavirus has affected not just human health and pushed health systems to the brink of collapse, but has also lowered GDP growth, pushed the economy into slowdown and has paralyzed the targets towards achieving Sustainable Development Goals as laid down by our United Nations partners. Against this backdrop, CHD Group has delivered high quality social impact, ensured progress with responsible growth and real-world transformation in action.

Never before in the history of the world has the work environment been challenged to this level drawing uncertainty. But CHD has been at the forefront to convert uncertainty to certainty, to inspire hope and to champion development when it mattered the most.

This has largely been possible because of visionary friends such as you who put their heart and mind at the center of human progress. CHD exists for a reason. And that reason is to build a world better than what you and I inherited as children of this universe.

Chdians are acting aggressively in safeguarding and defending the development sector which is going through heavy concerns of human development and progress in nurturing a more meaningful world.

We are working closely with visionary Multi-National Companies, United Nations Agencies and Country Governments to sustain progress and better contain the pandemic.

Chdians have moved to accelerate development beyond COVID-19 and to inject a new vigour in the veins of fellow men and women who look up with hope as another day emerges from the blink of a new reality.

This is not the moment for us, my dear stakeholders to falter. This is not the time to grief. This is that time of the day to come together, to put progress before profit, to put holistic social development before merely COVID-19 battleground, to put science over emotion, to put mind over matter, to rise up as one race for a common good, towards a common dream and march forth for a better future.

Don't let the pandemic define you, may you be defined by your own blazing human instinct to survive, thrive and nurture a healthy world.

Truly yours,



**DR. EDMOND FERNANDES**, MBBS, MD, PGD-PHSM  
Founder and Chief Executive Officer,  
CHD Group





On December 31, 2019, WHO was alerted by health authorities of China about the cluster of viral pneumonia cases of unknown cause in Wuhan city. A month later, on January 30, 2020, the World Health Organization (WHO) declared the novel Coronavirus outbreak, a Public Health Emergency of International Concern. On March 11, 2020, due to alarming level of spread and severity, WHO declared it a 'Pandemic'. As on April 29th, 2020, the coronavirus, has affected more than 3 million people and has caused 2,16,563 deaths around the world. It's not over yet. As this report is being prepared, more people are testing positive and the number of deaths is on the rise. The first COVID-19 case in India was reported on January 30, 2020 in Kerala Thrissur District, in a student who had returned home for the vacation from Wuhan University and the first death in India due to COVID-19 was reported on March 12. On March 15, 2020 COVID-19 cases in India had crossed 100. On March 24, 2020, Nationwide lockdown was imposed till 14th April, hence impacting the livelihood of millions of migrant workers, farmers, small- and large-scale industries; thus bringing the economy at a near standstill. Recognizing, the public health consequences of the novel coronavirus, CHD group has been working tirelessly since March 24th ,2020 in reaching the COVID-19 relief support to those who are most in need. The spread of coronavirus has put India in the midst of an unprecedented humanitarian crisis, hence calling for an exceptional action that we as a nation should take together. The journey of CHD's fight against coronavirus continues and the story is yet to be told. For the moment, we have started working in the space of the following:

### CHD GROUP RAPID RESPONSE COVID-19 PROGRAM SUPPORTED:

- Food security promoting nutritious and energy rich food to migrants, vulnerable households, poor farmers, and to those in dire need of the support.
- PPE safety kits for farmers, daily wage workers, old age homes and panchayat officials across different places.
- IEC promotions on digital media on the scientific basis of COVID-19.
- COVID-19 safety handout as per the Ministry of Health and Family Welfare, Government of India guidelines in local regional languages.
- On-the- go sanitation practices and detailed information on myth busting, with do's and dont's demonstration from village to village towards a pandemic preparedness plan.



# Committed to Sustainable Development

PRIMARY HEALTHCARE



NUTRITION

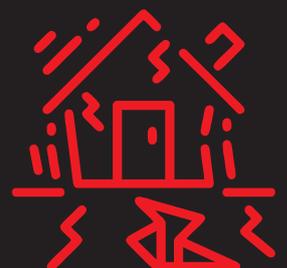
WOMEN'S HEALTH



RURAL DEVELOPMENT



DISASTER MANAGEMENT





# CHD GROUP INDIA IMPACT

11  
STATES

28  
DISTRICTS

6,873  
VILLAGES

3 Million  
LIVES IMPACTED

4  
WORLDWIDE REPS

# CHD GROUP FOOTPRINTS TILL DATE



- KARNATAKA
- ODISHA
- BIHAR
- KERALA
- MAHARASHTRA
- GUJARAT
- DELHI
- ASSAM
- TAMIL NADU
- TELANGANA
- CHHATTISGARH

# KEY IMPACT FOR THE YEAR



## Cyclone Fani – Odisha

CHD Group provides humanitarian assistance to Cyclone Fani affected communities in worst hit Puri District of Odisha.

**1010** Patients Treated

**15** Doctors

**18** Nursing Staffs

**10** Camps



# KEY IMPACT FOR THE YEAR



## Nutrition and Child Health

CHD Group supports the massive cause of reducing the burden of malnutrition in the region and improving the situation of Nutritional Rehabilitation Centers.

**6** Districts Covered

**744** Villages Covered

**22537** Children Screened

**1198** Grassroot field health workers trained

**97** Faith based institutes worked with



# KEY IMPACT FOR THE YEAR



## Mental Health

### Karnataka Mental Health Report 2018-19

**30**

districts covered by DMHP

**29%**

of all mental health consultations reported from Raichur, Bidar and Chikkaballapur

**44% of 29,005**

cases of suicidal thoughts were reported from Haveri and Hassan districts



Deeper efforts need to be extended to Bidar, Raichur, Chikkaballapur, Haveri and Hassan districts.

**1,001,717**

mental health consultations in Karnataka's public health institutions



Common mental disorders



Severe mental disorders



Alcohol and Substance Use



Suicides

Karnataka's high burden of common mental health disorders must be in focus.

### Mental Health Spending in 2018-19



**INR 9299 crores**

Karnataka's budgeted health expenditure in 2018-19



**0.37%**

allocated to mental health services



**74% 62%**

allocated funds utilized by DMHP & Manasadhara

Budgetary allocation must be enhanced and gaps on investment insufficiency and inefficiency must be closed.



# KEY IMPACT FOR THE YEAR



## Primary Health Care

The door-step doctor was a dream come true. Taking healthcare to the homes was a pioneering effort CHD worked hard to achieve and build.

**13** Villages Covered

**130** Children Screened

**1433** Patients Treated

**157** Total Medical Camps Held



# KEY IMPACT FOR THE YEAR



## Road Safety Training

Building the consciousness of road safety and holding training so that India no longer remains the leading country in road traffic deaths and injuries, is a conscious mission we strive for. This begins by nurturing the young mind in safe driving.



7

**Educational Institutions**

7

**Road Safety Training & demonstration**

515

**Children Benefitted**



# KEY IMPACT FOR THE YEAR



## School Health Services

Education with the absence of health is an effort gone astray. bridging the gulf and ensuring progress is a quest CHD collectively strives for

**8** Government Schools

**10** Wash Session Held

**488** Children Benefitted



# ***FINANCIAL STATEMENT***





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